

# Kindness

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A helping hand, a thoughtful word  
A worried friend you've reassured  
Mending the wing of a fallen bird  
They all add up to kindness

Complimenting the friends you meet  
Helping old folks cross the street  
Gettin' up and giving someone else your seat  
It all adds up to kindness

## **Chorus**

**You know it's really nothing new  
Kindness starts with me and you  
The little things we say and do  
They all add up to kindness**

Thanking Mom for the cookies she bakes  
Apologizing for our mistakes  
Giving people even breaks  
It all adds up to kindness

Helping Grandpa climb the stairs  
Being someone who always shares  
Sayin' you like what your sister wears  
It all adds up to kindness

## **Chorus**

*Choose the shy kid for your team  
Honor someone else's dream.... Kindness  
Helping out at Grandma's house  
Stop the cat and save the mouse.... Kindness  
Take your brother on a hike  
Let somebody ride your bike.... Kindness  
Smiling when you don't know why  
Thinking of the other guy.... that's how we spread some kindness*

## **Chorus**